

## A small EM seminar at home can make a difference. What anybody can do anytime to protect the environment.

The seminar started at the home of Mrs. Setsuko Higa from September, 2005 with a local folk dance group, who were willing to learn how they can contribute to protect the environment at home. Since then, the seminar has been hold regularly.

In February, 2007, in cooperation with the neighborhood community, the residence also attended the seminar. Mrs. Higa believes that this is because they were impressed by her work with EM on her garden at home, which is always filled with many flowers.

Now the members of the seminar are working on a flower project in the community, which aims to enter the "Community Development with Flowers Competition." This activity is also meant to strengthen the relationship with people of the aging community.

The seminar draws many attention and attendants, thanks to the word of mouth activities of the local EM marts and the EM Wellness Center. We have to protect our environment here in Okinawa on which the tourism industry relies, and which is famous for its beautiful coral sea. Mrs. Higa said they started slowly.

However, she wants to have this at-home seminar regularly with Okinawan women who are good at word of mouth activities and have fun doing it.



## The Basic Ways of Recycling Organic Matter With EM.

### Philosophy

**Thanks to other creatures, we can live our lives.**

1. Be careful not to increase your organic waste. (Plan not to buy too much when you go shopping, and not to cook too much.)
2. Avoid putting leftovers in the garbage.

### Key Points To Making EM Fermented Fertilizer of Good Quality.

1. Use fresh food waste/leftovers before they get old.
2. Drain or shake off as much water as possible. (Keep away from water)
3. Cut the food waste/leftovers into small pieces
4. Apply good quality EM Bokashi.



Drain/shake off as much water as possible. Cook or roughly heat the fish waste if needed.

materials: From left, TERRA C (EM Ceramics) and EM Bokashi.

Spread newspaper in the bucket.

Spray EM-A.

Sprinkle EM Bokashi.



well-drained and sliced food waste into the bucket.

Cover the waste with EM Bokashi.

Spread newspaper in the bucket.

Repeating steps 1 through 9, until the bucket is full.

Use a bucket which has a spigot, and drain the liquid compost often. After diluting the liquid compost, spray it in the bathroom or garden.